



The Southwester

www.swdc.org

Serving the Southwest and Near Southeast Community

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Preparing for the first red carpet at Hogate's

Hispanic Heritage Foundation Event

By Matthew Bevilacqua

Hogate's Restaurant hosted its first major reception on Tuesday, September 29, when the Hispanic Heritage Foundation (HHF) held its after-party to the 22nd Annual Hispanic Heritage Awards in the newly-remodeled space on Water Street.

The event came in the middle of Hispanic Heritage Month and featured a number of high-profile Latino guests, including U.S. Sen. Robert Menendez (D-N.J.), legendary boxer Oscar de la Hoya and Mexican pop sensation Christian Castro. Even behind the scenes in the Hogate's kitchen, a celebrity was at work – Rick Bayless of Bravo's "Top Chef" fame, preparing a feast of his specialty Mexican cuisine that was responsible for his winning the televised cooking competition this year.

Fulfilling its promise to help rejuvenate the Southwest Waterfront as a relevant staple in D.C. social life, Hogate's was the scene of a spectacle which included musical performances by



Castro, Chichi Peralta and Olga Tañón. Upon arriving from the awards ceremony in the Senate Russell Building on Capital Hill, the guests of honor commenced the celebration with a red carpet entrance and photo shoot. Out front, a Latino equestrian put on a fine display of horsemanship.

The Hispanic Heritage Awards are given to call attention to the myriad accomplishments of Latinos here and worldwide, with honorees recognized in the fields of leadership, humanitarianism, education, sports, arts, and math and science. Additionally, this year was the first to include a "green" award, presented to Mexican rock band Maná.

If the night was any indication of what is to come at Hogate's, then Southwest residents should look forward to a vibrant scene on the Waterfront unmatched in recent years. While development at both the restaurant and in the neighborhood still demands some progress, the way things have been going may be a promising harbinger of the community's future.

Attorney General Holder Joins Students in Viewing Speech

By Meg Brinkman

Amidon-Bowen students were honored by the presence of Attorney General Eric Holder while viewing President Obama's address to the nation's schoolchildren on September 8. Holder was a frequent visitor at Amidon in the years he served in the D.C. Justice

Department. He visited all the classrooms and re-emphasized President Obama's message that students are responsible to take advantage of the opportunities provided for them, stressing that students need to set goals for themselves. When Holder headed the Justice Department, it "adopted" Amidon School; Holder indicated that he wants to continue this partnership.



St. Augustine's Priest-in-Charge Martha Clark blesses Axel as his owner Jay Katzen smiles his approval at last year's Blessing of the Animals. The parish will hold this year's Blessing of the Animals in honor of St. Francis of Assisi on Saturday, October 3. See the Community Calendar on page 2 for details.

SWNA Celebrates Dale McIver, Editor Emeritus of The Southwester

There were lots of smiles and cheers on Sunday, September 27 at Jenny's Asian Fusion when the Southwest Neighborhood Assembly (SWNA) hosted a benefit fundraiser in honor of Dale MacIver, retiring editor of The Southwester. Jenny's is Dale's favorite restaurant, and from the delicious spread of food at the event, it was difficult to question his choice. From the arrival of the first guests to the event's conclusion, there was an air of excitement that permeated the room, in part because those attending included Dale's friends from the past and present. Speakers included SWNA President Carolyn Mitchell and Rev. Ruth Hamilton, co-pastor of Westminster Presbyterian Church, of which Dale is a longtime active member. Jenny, the venue's owner, ordinary advertiser in The Southwester and staunch community supporter, proposed a toast and paid a wonderful tribute to Dale while sharing his achievements in the context of her admiration for the Southwest community in general.

In recognizing Dale, Mitchell read a tribute which extolled his generous contributions to the neighborhood, especially in his work at The Southwester. Then the man of the hour took the floor. Exuding signs of admiration and happiness, Dale thanked the audience for their years of support and for honoring him. He also seconded the Mitchell's remarks, explaining about the role of SWNA and its task forces, including The Southwester. In addition, Dale referenced a memorabilia pamphlet he created for each guest which highlighted some of the special activities of the Southwest Youth Activities Task Force (YATF) of yesteryear, which included photos of members who are now successful young adults, some of whom were present at the benefit.

After the event ended and Dale departed, many guests remained and remarked about the many times they saw him smiling throughout the celebration. Remaining guests were surprised when Willie Borden, former director of No. 4 Boys & Girls Club and founding YATF member, arrived. Knowing that Dale would welcome seeing Borden, Thelma Jones called him on his cell phone and Dale gladly returned for another "celebration after the celebration." It was like a

mini-reunion with Dale, Borden and Jenny who relived memories of their collaborative efforts, including the time Jenny's underwrote the trip to Taiwan for the Boys and Girls Club for their



Rodney Horns (red hat), Paul Taylor (now organizes SW Unity Day), Dale, David Carson, Willie Borden (former director of Metropolitan Police Boys and Girls Club #4).

winning the citywide championship game in basketball. Perry Klein captured it all on camera and made an audio recording of the speeches for those who missed the classic gathering. This time Dale departed more content and with an even bigger smile.

If you missed this wonderful benefit celebration, you can still honor Dale's dedication and commitment to the community by sending a check payable to the Southwest Neighborhood Assembly, P.O. Box 70792, Washington, DC 20024. As Dale mentioned in his remarks, "proceeds will be used for new and ongoing youth programs in Southwest/Near Southeast."

(Thelma Jones, lead event organizer, contributed to this article.)

Inside:

ANC 6D Update.....	2
Community Calendar	2
Real Estate.....	4
Fitness	5
Kids and Schools	11
Sports.....	8



COURTYARD
MARIOT
SUNDAY FOOTBALL
HAPPY HOUR
COUPON INSIDE:
PAGE 9



City Council

Tommy's Beat

By Tommy Wells

When asked to start a regular column for The Southwester to provide more information about actions from your Councilmember's office and the city government, I was flattered. I love the Southwest neighborhoods and the special communities built by its outstanding neighbors. Whether working to have the pumps fixed at the Sixth and I street park pond, joining neighbors for a relaxing night of jazz at Westminster, or spending time with the youth at the King-Greenleaf Recreation Center,

the care with which the Southwest community builds on the special and unique character of its neighborhood is exciting to be a part of.

One of the highest priorities for me is to ensure the city delivers on the promise of the many redevelopment projects taking place in Southwest. With hard work and your help, the vision and investment for Southwest continues despite the reality of the economic downturn – Waterfront Station and a new Fourth St. connection nears completion early next year and will bring much needed local retail; Arena Stage's renovation creates world-class arts programs in the neighborhood; and the city's continued work on the Southwest Waterfront will transform the area with over \$1 billion worth of investment.

The Southwest Waterfront redevelopment is one of those marquee projects that the city creates once in a generation. I want to ensure the project moves forward as quickly as possible, delivering for our city new businesses, residents and amenities, as well as the committed level of affordable housing.

Another priority I'm working toward is reclaiming our lost public spaces to return them

as valued assets in our neighborhoods. This summer, my staff partnered with community leaders and dozens of youth to bring about a rebirth of Lansburg Park. Improved landscaping and public space is part of an effort to return the park to a state that neighbors are proud gather there and enjoy activities like the recent free movie nights hosted with the Department of Parks and Recreation.

Finally, I've made a priority of bringing new resources to create positive experiences for youth to help ensure they make positive choices in their

life. In the recently passed city budget, funds have been dedicated to engage youth from Southwest neighborhoods through a variety of actions, in addition to recruiting neighbors to become volunteers, mentors and tutors.

I look forward to writing a monthly update of our shared progress. As always, if I can be of any assistance to you, please don't hesitate to contact my office, 202-724-8072 or twells@dccouncil.us, or join me for a cup of coffee every 2nd Thursday morning at the Channel Inn on Water Street SW.

October Community Calendar

THUR., OCT. 1 Outdoor Movie, Apollo 13, Capitol Riverfront BID, 7:30 p.m., Canal Park, 200 M St. SE.

SAT., OCT. 3 4 p.m. Blessing of the Animals at St. Augustine's Episcopal Church, 600 M St. SW, on the lawn. Refreshments for pets and their owners.

SAT., OCT. 3 2nd Annual Cantina Cup, Gangplank Marina, 10:30 a.m. – 6 p.m. See www.nmhf.org for details.

TUES., OCT. 6 Metropolitan Police Department First District Community Open House in the evening, with guided tour of the new Police Station, 101 M Street, SW. Please RSVP to Will Hill at 202 544 3785 or Nancy Rosen NGRosen1D-CAC@aol.com

WED., OCT. 7 Friends of the Southwest Library Members Preview Night for Book Sale, 6:30 - 8:30 p.m., \$10 annual membership payable at the door, Southwest Neighborhood Library, 900 Wesley Pl. SW

THUR., OCT. 8 Councilmember Tommy Wells' Office Hours

THUR., OCT. 8 Outdoor Movie, Star Wars, Capitol Riverfront BID, 7:30 p.m., Canal Park, 200 M St. SE.

SAT., OCT. 10, Friends of the Southwest Library Book Sale, 10 a.m. to 4 p.m., Southwest Neighborhood Library, 900 Wesley Pl. SW. All fiction and Trade Paperback: \$1; Most Hardbacks: \$2; Pocket Paperbacks: 10 cents.

MON., OCT. 12 Columbus Day

FRI., OCT. 16 Living Classrooms Second Annual Night at the Yards, 7 p.m. on the Southeast Waterfront at The Yards. Highlighting over 20 local restaurants and food with live musical entertainment. For tickets, see www.livingclassroomsdc.org

MON., OCT. 19, Advisory Neighborhood Commission (ANC6D) Monthly Meeting, 7 p.m., St. Augustine's Church, 600 M St. SW.

TUES., OCT. 20 The Living Life Book, St. Augustine's Episcopal Church's Library, 600 M St. SW, 7 p.m. to 8 p.m. with facilitators Dee Burleson and Rosemary Giangiulio, 202-554-3222. *Escape on the Pearl* by Mary Kay Ricks.

THUR., OCT. 22 National Active and Retired Federal Employees Association (NARFE) Chapter 2052 Meeting, 12:30 p.m. - 2:30 p.m., Southwest Neighborhood Library, 900 Wesley Pl. SW.

THUR., OCT. 22 Police Service Area (PSA) 104 Monthly Community Meeting, 7 p.m. – 8:30 p.m., Harbour Square, 500 N St. SW.

THUR., OCT. 22 Tree Planting: Maine Avenue between Sixth and Seventh streets, 5:30 p.m. to 9 p.m. By The Gangplank Slipholders Association and Casey Trees.

Volunteers needed. Barbecue to follow on marina event barge.

FRI., OCT. 23 Capitol Riverfront Harvest Fest, Canal Park, 200 M St. SE. noon – 7 p.m. Crafts, art, food, cider, pumpkins, music, pumpkin pie eating competitions, pumpkin carving competitions, and kids' activities.

SAT., OCT. 24 St. Matthew's Lutheran Church Southwest Community Yard Sale, 10 a.m. to 2 p.m., 222 M St. SW. Call 202 484 3189 to register free of charge to sell items.

SAT., OCT. 24 Capitol Riverfront Harvest Fest, 10 a.m. to 5 p.m.

SUN., OCT. 25 Capitol Riverfront Harvest Fest, 10:00 a.m. to 5:00 p.m.

FRI., OCT. 30 Zombie Village at the First District Police Station, 101 M St. SW, 6 p.m. to 10 p.m. Recommended age: 13 and over. Call 202 729 3714 for more information.

FRI., OCT. 30 Ghost Ship Berry, U.S. Navy Museum: Free tours for small children (ages up until 8ish) from 6 p.m. – 7:30 p.m. After 7:30 older kids and adults. No costumes, masks, capes, high heels or short skirts. "Happy Room" for young children to make crafts and get candy. Enter through the 6th and M streets, Southeast Gate. Free Parking next to ship.

SAT., OCT. 31 Halloween

SAT., OCT. 31 Zombie Village at the First District Police Station.

SAT., OCT. 31 Making Strides Against Breast Cancer Walk on Saturday, Nationals Park, First & N streets SE. 5K wal, registration at 9:00 a.m., walk begins at 10:00 a.m.

WEEKLY, BI-WEEKLY

TUESDAYS, 10 A.M. to 2 p.m. United States Department of Transportation Farmers Market, 3rd and M Streets, S.E. It runs through November 18th.

TUESDAYS & THURSDAYS at 5:30 p.m. at St. Augustine Church the S. Wash. West of the River Family Strengthening Collaborative has a course called Quenching The Father Thirst. This course trains men to become responsible fathers/father-figures that love and lead their children to success. Call Alphonso Coles, 202-870-1885.

FRIDAYS AT 10 a.m. to 2 p.m., the United States Department of Agriculture (USDA) Farmers Market, corner of 12th and Independence Ave., S.W. It runs through October 30th.

THE KIWANIS CLUB of Southwest Waterfront meets year-round at Christ United Methodist Church, 900 Fourth St. SW, every first and third Monday from 6:30 p.m. – 7:30 p.m.

Please submit calendar items for November events to voice mail – 202-554-8560 or by e-mail to thesouthwester@yahoo.com by Wednesday, October 21, 2009.



ANC 6D Update

By David Sobelsohn, ANC 6D Commissioner and Secretary

Each year ANC 6D holds its public business meetings every month excepting August. After our month's respite, September meetings typically have a full agenda.

September 2009 was no exception: our meeting lasted well past the scheduled time. It included several matters vitally important to our community.

Flood-Zone Remapping.

Anyone who saw the devastation caused by

Hurricane Katrina appreciates the importance of preparing for a cataclysmic flood. Homeowners can prepare in various ways, including buying flood insurance.

Some homeowners have no choice. Under the National Flood Insurance Program, if you own a home in a designated high-risk area, and have or seek a mortgage or a home-equity loan, federal law requires you to buy flood insurance.

Based on engineering studies, the Federal Emergency Management Agency (FEMA) has prepared a preliminary map of our city's "Special Flood Hazard Area." That area includes nearly all of Southwest north of P Street and east of Third St. In particular, Capitol Park IV homeowners will likely soon face a mandate to buy flood insurance.

The new map will take effect in May. The D.C. Department of the Environment (DOE) predicts that, before then, FEMA will somewhat shrink the area mapped for highest risk. But even if you end up in the high-risk part of the

Continued on Page 7

Introducing New Columnists

The Southwester is pleased to announce the addition of three new monthly columns. Tommy Wells brings us D.C. City Council news in a brand new effort to keep the community he serves informed with his new

column, **Tommy's Beat**.

Reality Checks, according to our new columnist Essita Duncan, is "nothing too heavy about the law but fun, quick, humorous tidbits that would get people thinking." Essita is an attorney in solo practice in D.C.

Will Rich, blogger from "Southwest...the Little Quadrant that Could," authors **Real Estate Notes**, the very popular feature that first appeared last month.

These join our regular health and fitness writer, Derrick Inglut, and the garden guy from Ginko, Matthew Roberts, as well as our great staff of regulars: Thelma Jones, Elaine Graves, Peter Atlee, David Sobelsohn, and Meg Brinkman.

I would also like to introduce our new intern, Matthew Bevilacqua, who has joined the staff as copy editor and writer. Matt is a journalism student at George Washington University.

-G.F.

Thanks

Special thanks to Perry Klein for providing many of the photos in this issue, including Dale McIver's Benefit, SWNA's Monthly Meeting and St. Augustine's Fun Day.

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Contact The Southwester by e-mail at thesouthwester@yahoo.com for questions and to send materials and advertisements.

To contact the Southwest Neighborhood Assembly, Inc. please leave a message at 202-554-8560.

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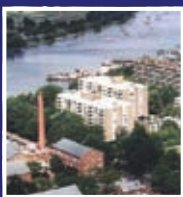
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SWNA Update

By Kael Anderson

On September 28, the Southwest Neighborhood Assembly (SWNA) hosted a well-attended forum featuring Ward 6 Councilmember Tommy Wells and At-Large Council members Kwame Brown and Michael Brown. The meeting also included Monty Hoffman and Elinor Bacon, principles of the firms contracted to develop the Southwest Waterfront, and Nina Albert, project manager from the Deputy Mayor's Office for Economic Development.

The Council members each provided some introductory remarks, highlighting their accomplishments and goals regarding Southwest.

Tommy Wells focused on Lansburg Park. He recounted how he's been working with several city agencies and community leaders to improve the park, replacing benches and refurbishing park structures. He noted how he engaged area youth to carry out much of the work. Wells concluded by reminiscing about the successful events the park held this summer, including the community fair and movie night featuring "Dream Girls."

Kwame Brown chairs the Committee on Economic Development. The councilmember recounted his efforts to keep development projects moving forward by moving bills out of his committee, including the recent land disposition agreement for the Waterfront. He reaffirmed the council's commitment to supporting development, including \$200 million in public financing to support infrastructure along the Waterfront. He emphasized that no funds would be diverted from the city's key development projects, including the Southwest Waterfront for the Washington Convention Center.

Michael Brown chairs the Committee on Statehood and Self-Determination and is a member of the WMATA Board of Directors. Brown discussed how he is closely involved in community affairs. Recognizing the importance of churches in Southwest, he mentioned his recent efforts to ensure that churchgoers will have adequate parking for events. Under a bill



Ron Collins, Assistant Secretary of the D.C. City Council, Councilmembers Michael Brown, Kwame Brown and Tommy Wells with SWNA President Carolyn Mitchell.

he recently proposed, funeral attendees would be exempt for parking tickets.

A lively question and answer session followed. Kicking off the session was an impassioned concern about reoccurring below-ground flooding in the townhouses around Fourth and I streets. Wells responded that the city is in the midst of a large effort to build Metro-sized underground holding tanks for storm water that, when combined with a public and private movement toward impervious surfaces (sidewalks, pavement and roofing), will help the problem dissipate.

Several questions concerned the Southwest Waterfront. Although he was not part of the panel, Monty Hoffman, CEO of PN Hoffman, offered a brief summary of the development team's recent work. The team has been vigorously working to resolve lease agreements so that designs for the development can be advanced. Developers are working to include Jenny's Asian Fusion restaurant in the new project. Responding to a specific question, Nina Albert indicated that improvements to the fisherman's wharf will be largely conducted the second phase of the Waterfront Development. However, she noted that the fish cleaning shed, a very dilapidated structure and source of odor, will be demolished next month and replaced with a more modern structure.

Residents also were interested in the nearby

Waterfront Mall project. Mall developers anticipate that the project will include a substantial amount of locally-owned retail. For example, it was reported that the developer is working to include former Southwest retailer Harry's Liquor Store in the second phase of the project. In the meantime, one individual requested that the city

work more closely with the developer to clean up the walkway on the north side of M Street.

A substantial number of questions concerned educational and government programs. Individuals expressed concern about the closing of facilities such as Bowen Elementary School and Southeastern University, and how this is exacerbating the need for additional programs to engage youth. Tommy Wells indicated that while city officials are coordinating with the Southeastern University Board of Directors, the future of the property is ultimately up to the board, not the city. Council members encouraged the community to work with their offices to propose and develop new programming such as Kid Power D.C.

A couple of residents expressed concern about the lack of follow-through on commitments for hiring Southwest residents—both for construction and ongoing operational jobs—on District-funded developments such as Nationals Park. Another resident requested that Kwame Brown consider imposing a higher requirement for affordable-housing in the Waterfront Development. Several residents were very concerned about commitments by the DC Housing Authority and the Developer the Capper-Carrollburg Hope 6 project to honor community agreements, particularly the completion of a community center.

The next Southwest Neighborhood Assembly community meeting will be held in October and is expected focus on health and human services.



Old Safeway flanked by the new storefront on the left.

Safeway Taskforce Town Hall Meeting Brings Hope for Changes

By The Southwester Staff

Over 200 Southwest residents attended the Town Hall Meeting organized by the Safeway Taskforce at Westminster Presbyterian Church on September 10. Robert Stockwell, who chairs the Taskforce, led the meeting. David Smith from Waterfront Associates was also in attendance, as was Craig Muckle, district manager from the Safeway Corporation. Stockwell and local residents went through their laundry list of complaints concerning deficiencies at the store now on M Street, while the Safeway team concentrated on the future of the new store which will occupy most of the ground floor of one of the new buildings currently under construction near the Waterfront Metro on the future Fourth St.

The Southwest Safeway was opened in 1960, and updated 20 years later in 1980. Some of the problems at the current store are due to the fact that the building is nearly 50 years old and has not been updated in 30 years. However, other problems are now being addressed by Safeway to improve overall management while awaiting the move to the new retail space.

Safeway is planning to implement their "lifestyle" concept in the new supermarket. They want to make the store an attractive place to shop and will be including custom flooring and lighting focused on the products available. There will be a bakery, a deli with prepared foods, a floral department, a Starbucks, and if a Class B Liquor License is granted, an encapsulated wine and beer department with security cameras. A Bergman Cleaners pick-up station will also be included for customers. Self check-out stations will speed up the shopping process for everyone.

The new store will have a full underground level of parking. Safeway plans on some 75 new hires in addition to current employees.

The target date for the move into the new space is March of next year. After that time, the old store will be torn down. Even with all of these promises, there is still a great concern in the community regarding our only grocery store. Residents stressed the need for a clean, safe and efficient store in the few months before the opening of the new supermarket. Safeway management promised to continue to work with the Taskforce to accomplish this goal.

U.S. Foreign Policy Discussions

Several spaces are available in the Southwest Foreign Policy discussion group. For over seven years, we have been meeting to discuss topics developed by the Foreign Policy Association under the "Great Decisions" title. Topics are selected to educate us on to the relationship of the United States with the rest of the world. Discussions are lively, friendly, nonpartisan, stimulating and genuinely fun. No member of the "Great Decisions" group is an expert, but all read the material in advance, and are open-minded and enthusiastic. Generally, one member of the group takes the lead for specific topics. At the conclusion of each session, we cast ballots expressing our views on the topic at hand. These ballots are tabulated by the Foreign Policy Association, which prepares the materials and questions, and sends results to foreign policy administrators and the next year's discussion groups. The Foreign Policy Association has existed for over 50 years, bringing thoughtful issues for discussion to educate the people of the country.

Topics and proposed dates for 2010 are (all Wednesdays at 7 p.m.): January 27, Special Envoys; February 10, Preventing Genocide; Feb-



Neighbors

ruary 24, Global Crime; March 10, US-China Security Relations; March 24, Global Financial Crisis; April 14, Russia and Its Neighbors; April 28, The Persian Gulf; and May 12, Peacebuilding and Conflict Resolution.

The group will meet about every two weeks as above to cover the eight topics developed by the FPA. The Southwest group meets in a convenient location (townhouse in River Park Mutual Homes, Inc.). Contact Coralie Farlee, 202-554-4407, or cfarlee@mindspring.com for further information, to order the 8-topic study guide (\$20.00) and to reserve a space for 2010. Payment is requested in advance to reserve a space and to insure a study guide is ordered for you.



New decking on the Ninth Street Bridge awaits paving.

9th Street Bridge to Reopen Soon

By The Southwester Staff

For the past year, the Ninth Street Bridge, many a local motorists' favorite gateway to Southwest, has been closed for repairs. Anthony Hills of Capital Services Management, which handle community relations for the District Department of Transportation (DDOT) for the project, told The Southwester that the bridge is soon to once again admit traffic.

"Paving will begin in October, and soon after, the bridge will open," Hills said. "The use of a rapid deployment equipment train system for the repair work on the underside of the bridge has allowed DDOT to never shut down more than one lane of 395 at a time during the process," he added.

Most of the structural work, including the replacement of a D.C. Water and Sewer Authority pumping station under the bridge, is now completed. The bulk of that work is the unseen part of the finished project. The more cosmetic aspects such as lighting and landscaping will be completed in the few weeks after the bridge is reopened to vehicular traffic.

Soon, a ride through the Ninth Street Tunnel will again allow cars to enter Southwest without passing over the washboard pavement that had characterized the bridge for so long.

Hills also told The Southwester that the work on the 10th Street Bridge will be wrapped up in a week or two after the Ninth Street Bridge is completed.

Real Estate Notes

By Will Rich

■ **CVS opened for business at the Portals**, the large mixed-use development project along Maryland Avenue, on Saturday, September 12. Madison Retail Group signed the tenant to a 10,000 square foot space back in the spring, which is the largest retail tenant yet to open at the complex. However, the store doesn't have a pharmacy. CVS is located in the third phase building, and is open weekdays from 7 a.m. – 9 p.m. and weekends from 9 a.m. – 9 p.m.

■ Roll Call Group signed a letter of intent in February to move to Capitol View, the new office building at the corner of Third & E Street, near the Federal Center SW Metro. However, since it announced the purchase of Congressional Quarterly, Inc., **Roll Call Group has decided to reevaluate its space needs at Capitol View** as it decides how many employees it will have once the takeover is complete. Also, the **Association of American Railroads moved into their new space at Capitol View** in the beginning of September.

■ The old KFC/Taco Bell at **1101 South Capitol St. has been demolished**. The Ruben Companies owns the site and another one on the other side of the street at 1100 South Capitol St. Office buildings are planned on both sites.

■ **Phase II of renovations are underway at the Mary E. Switzer Building** at 330 C St., home to several federal government tenants, including the Department of Education, the Department of Health & Human Services and the GSA. The renovations are scheduled to be completed in 2011 and will aim to bring the building to the LEED-Silver certification level.

■ **The sidewalk in front of the Phase II & III buildings of Patriots Plaza has reopened**. Finishing touches are being done to the plaza area where all three buildings in the office complex have their entrances. The phase II & III office buildings, located on the 300



Real Estate & Development

block of D Street, will be complete before the end of the year.

■ It is rumored that **Harris Teeter has signed a letter of intent to open a grocery store at The Yards**. The store will be located on the ground level of a planned residential building at the southeast corner of 4th & M streets, and will not open until 2011 at the earliest.

■ **23 I St. SE has gone into foreclosure**. The site used to have a Wendy's, but the restaurant was demolished by developer JPI in anticipation of constructing a fourth apartment building at the Capitol Yards project. The foreclosure sale is scheduled for October 13.

■ **The U.S. Coast Guard headquarters, currently located at 2100 2nd St. in Buzzard Point, will be moving to the West Campus of St. Elizabeth's in Southeast** sooner rather than later, thanks to \$162 million in stimulus money. A \$435 million contract was recently awarded to Clark Construction and HOK to build the new headquarters, which should get underway later this year and be completed by 2013. However, late in 2008, the GSA signed a 10-year lease renewal at the Coast Guard's current headquarters building, which is owned by Monday Properties.

News from Southwest was adapted from the Southwest... The Little Quadrant That Could blog (www.southwestquadrant.blogspot.com) and Near Southeast news was adapted from the JD Land blog (www.jdland.com/dc).

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WATERFRONT TOWER

designed for life



Fitness and Nutrition

By Derrick Inglut

Not losing weight fast enough? Try adding some Capsaicin to your dish. Capsaicin is the flavorless, odorless spicy chemical found in all hot peppers. A new study by the British Journal of Nutrition shows that women who laced their breakfast with hot sauce ate much less than they normally did. The men in the study had similar results and consumed far less calories eating hot sauce laced foods - all while remaining less hungry than they usually would be hours later. It appears Capsaicin helps individuals lose weight mainly through suppression of appetite and increased metabolic

Heat it Up and Slim Down

rate. Recent research has shown that by applying hot sauce to any dish, the body was able to burn up to 45 calories more per dish than the plain meal alone. That's the same amount of calories that a 150 lb man could burn on the treadmill jogging for 5 minutes at a medium pace. Now that's exercise made easy!

Though appetite suppression may be the primary mechanism of weight loss, my guess is that hot sauces (depending on the brand) also tend to set the average diner's mouth on fire! I'm sure that very few of us wouldn't eat less. I admit to frequently using this strategy when going out to brunch with friends. Let me first inform you that most of my friends



are not on a strict diet. They cut calories and sugars in all other places except their alcohol consumption. True hypocrites; there are no barriers when it comes to their liquor. Unfortunately I cannot play this card if I ever want to see my six-pack again. Our typical drink of choice at brunch are Mimosa's (orange juice with Champagne). The drink is tasty and easy to drink to excess. Instead, try ordering and extra spicy Bloody Mary.

The heat from the drink renders it extra tasty, but spicy enough that you cannot drink it too fast. I often cannot finish mine and leave it alone after half a glass.

The benefits don't stop at weight loss either. Capsaicin also contains beta - carotene and Vitamin A, which are good for your vision. Hot sauce users have also noted a drop in their triglycerides (fatty tissues in the blood) when adding it to their weight loss artillery. The powerful antioxidant vitamin C is also present, which will have you reaping the benefits of healthy skin, increased immune function and increased energy production. Best of all, hot sauce is extremely low in calories. Hey, I'm up for that!

Derrick Inglut is a personal trainer who writes on fitness and nutrition. His website is derrickinglut.com.



Health

Breast cancer survivor Thelma D. Jones invites the community to join her for the Making Strides Against Breast Cancer Walk on Saturday, October 31, at the Nationals Park, First & N streets SE. The 5K walk will begin with registration at 9 a.m., and the

Making Strides Against Breast Cancer

walk begins at 10 a.m. As a two-year breast cancer survivor and a first-time walker, Jones is enthusiastic about the walk and is leading a team called the "Faith Striders." Never one to shy away from a challenge, she has set her goals high as a Pacesetter (\$3,000) and needs your support to help achieve this ambitious goal. "I just celebrated my 57th birthday on September 5 and look forward to many more. Participating in this walk will not only help to ensure that I have many happy birthdays but also that thousands of others will as well," said Jones. Let's walk with Jones and help her and thousands of others enjoy

many happy birthdays in the future.

To learn more about how you can help Jones and the Faith Striders achieve her Pacesetter goal, please visit <http://main.acsevents.org/goto/FaithStriders> or call (202) 488-3746.

The American Cancer Society Making Strides Against Breast Cancer is a noncompetitive walk that unites communities to honor and celebrate breast cancer survivors, to educate women about prevention and early detection, and to raise money to fund lifesaving research and support programs to help eliminate breast cancer as a life-threatening disease.

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Reality Check: Let's Talk Wills



Legal

By Essita Duncan

When the conversation turns to the preparation of a will, people tend to become uneasy and want to change the subject. Others dismiss the matter as irrelevant to them because of their age, the size of their estate, or their being single or childless. Let me suggest an alternative reaction to engaging in this important discussion.

Whether you are wise or still wet behind the ears, you've probably worked hard for your possessions and so should feel empowered, or at least sense the responsibility, in deciding who inherits your belongings. Why leave this important deci-

sion up to the state, which wouldn't care if Aunt Polly inherits your tea set? The preparation of a will is your opportunity to tell the world how your assets are passed along. You also have the option to donate to your favorite charity or ensure that family heirloom is given to your great niece.

Rather than focusing on the inevitability of your own mortality, consider how much influence you can have on your family and the world around you by having a will drafted. In addition, by telling the world who gets what and how your loved ones will be cared for, a will helps eliminate some questions and uncertainties about what to do during a difficult time.

Regardless of the size of your estate or whether you are single or childless, your possessions are no less significant than those of the married person with 2.5 children, a white picket fence and over a million bucks in the bank. Virtually every adult possess some form of property and has the right to speak now or forever hold their peace.

This does not constitute legal advice and does not establish an attorney-client relationship. Essita Duncan is an attorney in private practice who can be contacted at eduncan@duncandefense.com.

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October in the Garden



Home & Garden

Matthew Roberts of Ginko Gardens paid us a visit to give some tips on fall gardening for both in-ground gardens and balcony pots.

Dare to Say Goodbye

As the days get shorter, it is time to head outdoors and ready the garden before temperatures get too low. The first step is to say goodbye to your summer annuals. Remove the spent impatiens and geraniums and other summer bloomers from your gardens and balcony pots. Replace these with pansies and violas. These cold-hardy annuals will establish a solid root system and make it through the winter, giving your garden a big head start of color in the very early spring.

Autumn Color

It is also the time to add fall color. To do this, plant decorative mums and asters which will bloom throughout the autumn. More experienced gardeners keep these two flowers as annuals, but they need to be integrated in a larger color scheme, since they will be a simple green plant in spring and summer. The rest of us can treat mums and asters as annuals and remove them when the winter freezes wilt them and stop their blooming.

Building for the Future with Bulbs

Bulbs need to be planted before any freezing weather comes to the area. Hyacinths, daffodils, crocuses, tulips and other specialty bulbs can be planted in the ground or in pots below your pansies and violas and they will put on their spring show right through the annuals. Mix early bloom daffodils with mid-spring tulips to extend the spring blooming time. Bulbs can be planted in many combinations. Try deep purple muscari and daffodils in white or yellow for a bold display.

Daffodils and crocuses naturalize: they multiply and spread year after year on their own. Tulips, however, tend to decrease their number of blooms steadily and no more than sporadic after 3-5 years. So replace them more often to guaranty lasting color.

House Plants Become House Plants Again

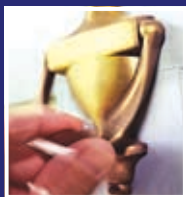
If you summered your house plants outdoors, bring them back in before nighttime temperatures drop below 45 degrees. But before you do this, spray them for insects: spray once and then repeat 7-10 days later while the plants are still outside to kill any insect infestation or to prevent one arising from residual eggs. You can also take a systemic approach and drench the soil with the proper chemicals for this type of treatment. It is very important to remember that your house plants will require much less water inside than they did outside, and that all house plants require less water in the winter. The leading cause of houseplant death is overwatering in the winter months.

Matthew Roberts is a Master Gardener on staff at Ginko Gardens, 911 11th St. SE.



Colorful daffodils and muscari

John and Mary Duck Continue to Delight Southwest Residents



Neighbors

By Matthew Bevilacqua

The staff at Friendly Food Market on Half Street can count on at least two regulars to show their faces every spring. They are a couple so much in love that no one can recall an instance in which they weren't seen together. Look for them when the season comes around, but you will not find them picking up what they need in the bread aisle. They are much more likely to be accepting free handouts outside.

That is because John and Mary are a pair of Mallard ducks, who each year return from their migration down south to O and Half

streets, much to the delight of local Southwest residents.

Mallard ducks are known for the distinct purplish feathers on their wings and, for the males, green heads and yellow beaks. Once together, a pair of mating Mallards will stick by one another for life.

Which is why John and Mary are a packaged deal that has become a staple for springtime in Southwest. Give your regards when they arrive next season, and if you are feeling up to it, spare a few breadcrumbs as well.



Ribbon Cutting at Hogate's Café

By The Southwester Staff

"It is wonderful to have new business in the area, a place with real history. Kristina has worked to reconnect with history. Even though we are a tourist town, we are also a place where people live and have history and traditions." With these words, Ward 6 Councilmember Tommy Wells officially welcomed Kristina Noell and Hogate's Café to the Southwest Waterfront.

Ward 5 Councilmember Tommy Thomas, ANC 6D Chair Andy Litsky and ANC Single Member District Representative Jane Jorgensen joined Wells on September 9 for an early morning ribbon cutting at the new Hogate's Café, now officially open for business from 6 a.m. to 10 p.m. on weekdays and 9 a.m. to 10 p.m. on weekends.

A nice crowd of local residents enjoyed Peet's coffee and pastries in the newly-remodeled space at 800 Water St. SW. The new business in the neighborhood really does reconnect with history: the very name "Hogate's" recalls the popular restaurant that used to occupy the building years ago, and even the original café's pastry chef is now back baking up the rum buns of old.

Councilmember Thom-

as reminisced about the days of his youth when, as a boy, he used to sell snow cones at Riverfest out on Water Street, right in front of the old Hogate's. All Southwest residents and visitors alike agreed that the opening was a positive step towards bringing life back to the Waterfront.

The venue has already begun to attract the arts through "The Spoken Word," a new series of events which kicked off on the same evening as the ribbon cutting with host "Fella" of Many More Memories fame presenting her performance poetry.

The café opening was followed later in the month by the opening of Hogate's Restaurant and Kristina's, a lounge bar in the same building.



From left to right - Andy Litsky, Jane Jorgensen, Tommy Wells, Kristina Noell, Tommy Thomas, at the ribbon cutting ceremony.

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St. Augustine's Fun Day



Scenes from St. Augustine's Fun Day, held on Saturday, September 26

Thurgood Marshall' Legacy Lives on at Southwest Library

By Thelma Jones

In a budget-cutting environment, Southwest residents can take pride in having a library that still works with the community in hosting activities and events that inspire attendance and promote learning while raising awareness of our community leaders. Since mid-May, the Southwest Library has hosted an exhibit on Justice Thurgood Marshall, the first African-American Supreme Court Justice, who lived in Southwest on G Street and later on Fourth St.

Cecilia Marshall, widow of Justice Marshall, drew a lot of praise during a recent visit to the exhibit that she had heard so much about. Amazed at the artifacts enclosed in a glass table and the tall, lifelike and imposing US Postal Stamp facsimile of her late husband, she said to librarian Tracy Myers:

"This is beautiful! I am so grateful to see how supportive and committed the Southwest Library is in raising awareness of my husband's life and legacy. My two sons and I have fond memories of our stay in Southwest and are still

quite attached to this community."

Marshall is a long-time member of St. Augustine's Episcopal Church where she currently serves as both a vestry member and the chair of the Altar Guild. During her visit to the library, she was accompanied by former SWNA Presidents Naomi Mitchell and Thelma Jones as well members from St. Augustine's Episcopal Church.

If you haven't seen the exhibit, you will want to visit it soon, as it will be coming down in a few weeks. Beginning in late fall, the library plans to feature a modest permanent exhibit on Justice Marshall which is being coordinated by Lida Churchville of the Southwest Neighborhood Assembly History Task Force and Thelma Jones, who jointly organized the exhibit with Churchville at the library and played an instrumental role, along with St. Augustine's Church, in hosting the well-attended unveiling of the Thurgood Marshall Call Box on G Street last May.

For hours on the Southwest Library, please visit www.dclibrary.org or call (202) 724-4752.

Halloween Events

St. Augustine's Hosts 'All Saints and Sinners' Halloween Bash on Waterfront

The night before Halloween, Friday, October 30, join your Southwest neighbors at the "All Saints and Sinners" Halloween Bash on the Waterfront at Hogate's Cafe, 800 Water St. SW. It will be an evening of fun and fundraising from 8 p.m. to midnight for St. Augustine's Episcopal Church.

"In the spirit of the evening, dress in costume as your favorite saint or sinner if you wish, and meet your neighbors," said the Rev. Martha Clark, Priest-in-Charge of St. Augustine's. Funds raised will help St. Augustine's to fulfill its mission to serve the Southwest community and those most in need among our neighbors.

A small silent auction for luxurious items, a DJ and dance floor, and Halloween decor by Michele Hutt add to the festivities held in the event room and terrace overlooking the Waterfront, next to the newly-opened Hogate's Café.

Tickets may be purchased for \$35 and will include one complimentary drink, light hors d'oeuvres, cake and coffee. Food service will be available from Hogate's Café up to 10 p.m., and food and drinks may be ordered from the bar all evening.

Call St. Augustine's office to purchase tickets, 202-554-3222, or stop by during office hours Tuesdays through Fridays, at 600 M St. SW. For more information e-mail Monica Evans at missmonicae@aol.com.

Ghost Ship Barry Haunts Capitol Riverfront

Come and see the famous Ghost Ship Barry at the U.S. Navy Museum in Southeast. Small children (ages up until 8ish) can venture on the haunted Ghost Ship Barry from 6 p.m. – 7:30 p.m. After 7:30, the ship will become more haunted for older kids and adults. The tour takes 10-15 minutes.

The organizers ask that there be no costumes, masks, capes, high heels or short skirts due to the confines of the ship and narrow stairways and passages. The ship is not accessible to those with disabilities, and strollers are not permitted.

There will be a "happy room" for young children to make crafts and get candy while their parents or siblings tour the Ghost Ship.

Enter through the 6th and M street Southeast Gate. Free Parking is available next to ship.

You can call 202.433.6826 to RSVP, but walk-ins are also welcome.

Zombie Village at the First District Metropolitan Police Department

The First District Police Station at 101 M St. SW will transform into a Zombie Village on Friday October 30 and Saturday October 31. The show is recommended for those 13 years of age and over.

Contact info for event at (202-729-3454 or 202-729-3714)

ANC

From p. 2

map, you have two ways to limit your obligation. First, inside the high-risk area, some homes have an elevation that puts them out of harm's way. Homeowners who can prove their home qualifies, and get an "elevation certificate," could escape the insurance mandate.

But if you end up subject to the mandate, you can still minimize your obligation. Under federal law, if you buy flood insurance before the new map takes effect, you can save up to \$2400 on your first year's premium, up to \$1400 in later years. And this insurance savings stays with the house. It will benefit anyone who buys your house from you. So getting insurance before the map takes effect will increase your home's resale value. For further information, contact DOE's Timothy Karikari at (202) 535-2248. To address the issues related to FEMA's proposed flood map, the ANC formed a task force, consisting of Commissioners McBee, Moffatt, and Sobelsohn.

Development

Even with the lackluster national economy, redevelopment remains a major focus of the work of our ANC.

Housing on the Waterfront

Under city law, the team redeveloping the Southwest Waterfront must set aside 15% of its residential units for applicants with 60% of the Area Median Income (AMI), another 15% for applicants with 30% of the AMI. The original program design did not determine how many of these "affordable" units need be for sale and how many for rent. But the law dissolving the Anacostia Waterfront Corporation did require that, if the Southwest Waterfront includes any for-sale residences, the project's "affordable" units must be half for rent, half for sale. Finding qualified purchasers with only 30% of the Area Median Income could prove difficult. As a result, this new requirement threatens financing of the entire project. Moreover, the developers might escape this requirement simply by making the entire project for-rent. To address this problem, the pending Affordable Housing For-Sale & Rental Distribution Amendment Act of 2009 would let the developer decide the allocation of "affordable" units as between for-rent and for-sale. Virtually every affordable-housing advocacy organization (Appleseed, DC Fiscal Policy Institute, Manna) supports this amendment. At its September meeting so did ANC 6D.

Trapeze School in the Yards

The Yards—the redevelopment project east

of the ballpark along M Street—would like to rent space to the Trapeze School, which so far has operated on the site of the former convention center. Anyone can train at the Trapeze School; you need not have professional aspirations. At its September meeting, the ANC voted unanimously to support a zoning amendment to bring the Trapeze School to Southeast.

Intermodal Transport Center

The proposed revised Comprehensive Plan calls for building an intermodal transportation center at the Banneker Overlook along Maine Avenue. But this might ruin the overlook's park-like atmosphere. At its September meeting the ANC voted unanimously to hold a community meeting to discuss the proposed intermodal transport center. For further information, contact Commissioner Jorgensen ((202) 863-1140).

Traffic and Fences: DDOT

The James Creek Resident Council and a South Capitol Street developer both seek action from the D.C. Department of Transportation. James Creek would like traffic-calming devices at the intersection of N, Canal, and First streets. Steward Investment wants permission to build a chain-link fence at 1724 S. Capitol St. SE. The ANC supported both petitions.

Alcohol Licenses

As redevelopment comes to our neighborhood, so will an increase in the number of liquor licenses.

Clear Plastic Bags

For many years, before supporting a liquor license application, our ANC has insisted the applicant promise to sell liquor only in clear plastic bags. But this January, a new D.C. law will impose a nickel tax on every plastic bag provided at liquor and grocery stores. Some residents also complain that carrying liquor home in a clear plastic bag raises safety concerns. At its September meeting, the ANC voted to change its policy, and no longer to require that, when a license is granted or renewed, the licensee pledge to sell liquor only in clear plastic bags.

The Bullpen

You may have noticed, right across N Street from Nationals Park's centerfield gate, an outdoor beer garden called the Bullpen. When they first planned the Bullpen, its management thought they'd close with the baseball season. But they've had such good business, they'd like to stay open until November 1, well after (alas) our Nationals will stop playing baseball this season. The ANC

Continued on Page 11

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Sports

Washington Nationals Announce 2010 Season Ticket Prices

Ballclub Reduces Prices and Increases Value for Renewing and New Season Ticket Holders

The Washington Nationals have announced season ticket prices and renewal procedures for the 2010 season at Nationals Park. The team will decrease season ticket prices of over 3,300 seats, and will not increase prices of any non-premium seats, continuing their effort to offer affordable, fan-friendly entertainment. Nationals Season Ticket Holders who renew their plans will continue to receive many benefits that are not available to the individual ticket buyer, including the ability to enroll in the Grand Slam EZ Payment Plan.

"We are pleased to lower prices on over 3,300 seats, including over 2,000 in the lower bowl," said Nationals President Stan Kasten, "and will continue to offer season ticket plans for as little as \$10 per game. We thank our fans for their continued support of the Washington Nationals as we continue to build towards a winning ballclub in the Nation's Capital."

The team will introduce three new seating sections at the ballpark in 2010 – Home Plate Box, Home Plate Reserved and Outfield

Reserved. The Home Plate Box, adjacent to the Lexus Presidents seats, will cost \$150 per seat and include one parking pass per four tickets and access to the PNC Diamond Club. The Home Plate Reserved, priced at \$75 per ticket, is adjacent to the PNC Diamond seats. These two sections will provide guests with premier sightlines, just rows away from the action on the field. Also created was the Outfield Reserved Section, in which over 2,000 seats have been reduced by at least \$5. This section provides fans with additional options for affordable seats (\$20 in a full season ticket plan) in the lower bowl of the ballpark, where they will find plenty to cheer about in 2010.

Additionally, over 1,000 seats in the Lower RF Terrace have been reduced to \$15 per seat for all half-plan and partial-plan holders. The club will also remove the remaining two rows of Red Loft Seats and replace them with bar rails, as seen throughout the ballpark. The changes to Nationals Park were made to improve the sightlines and add to the experience of all visit-

ing fans.

The Nationals will offer half-season ticket plans in 2010 in areas of the ballpark where they were not available in 2008 or 2009. Fans may now purchase 42-game packages on the Club Level in First & Third Base Club at \$50 per seat. Club Level seats include access to the Stars & Stripes Club.

For the first time in team history all non-premium Season Ticket Holders will have the option to enroll in the Grand Slam EZ Payment Plan to pay for their season tickets. This interest-free payment plan, which spreads payments out from November 1, 2009 through March 1, 2010, was designed to make renewing or purchasing new Nationals season tickets easy and convenient for everyone.

Fans interested in Nationals Ticket Packages, Group Outings of 25 or more for the remainder of the 2009 season, or in placing a deposit on Season Ticket Plans for 2010, should call 202.675.NATS(6287) – Option #1 or log onto www.nationals.com.

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Larry Brown Remembered

By Matthew Bevilacqua

In his lifetime, Larry Brown was a guiding light for hundreds of thousands of at-risk youths nationwide, working to restore their faith in academic achievement and inspiring them to excel at a time when it may not have seemed worth it. On August 18, that light went out suddenly when Brown passed away from a heart attack at his home in Burke, Virginia. He was 59.

Since 1978, Brown served as the president of Work, Achievement, Values and Education Inc. (WAVE), a nonprofit dropout prevention and

recovery organization dedicated to aiding students from more than 600 schools around the country. Under his leadership, WAVE grew from a small local project in Delaware to one of the most successful, extensive and influential youth programs in the nation's history, and developed a revered curriculum to ensure students' success in school and beyond.

Its office is located on School Street right here in Southwest, so Brown's passing leaves a particularly personal void in our community.

"His goal was to save one kid at a time," writes Carlton E. Spitzer, Op-Ed columnist for the Easton Star Democrat and lifelong friend to Brown. "He succeeded beyond his fondest expectations, and surely beyond the wildest dreams of



Larry Brown

his skeptics."

Brown dedicated most of his life to helping young people. Beginning in 1970, he worked tirelessly in various youth programs, undertaking every task from alleviating delinquency to advocating for child services. His reputation flowered among children, parents and educators, and he eventually found himself at WAVE, where he would remain as

its undeterred leader until his death.

Brown is survived by his wife Rosemary and son Christopher, a student at Emmanuel College, who both reside in Burke. His passion and aptitude will be missed in the educational world as well as in the local community. Writes Spitzer:

"I remember his brilliant mind, unfailing optimism and cherished friendship."

Odyssey: A Perfect Remedy

By Glenn Favreau

A hot summer weekend brought my cousin Janet from Vermont to visit me in my Southwest apartment. She had spent days in Virginia at her grown son's hospital bedside as he underwent operations for cancer. Since the experience left her tired and drained, I searched for a stress-relieving moment that we could share. The idea came to me to try, for the first time, a cruise on one of the ships anchored at the Southwest Waterfront. The vessel Odyssey offered a Saturday brunch which seemed like the remedy I was looking for.

Janet and I donned our dressy clothes, and, with umbrellas in hand, braved a rainy walk to Gangplank Marina to catch the boat and board for our meal. We were greeted first by the mandatory photo opportunity behind the life preserver emblazoned with the ship's name. The experience began.

Hospitality is a hallmark of any ship, and the Odyssey crew lived up to the expectation. Each crew member was effusive and helpful. We were shown to our table onboard in the bright dining room. The glass roof and walls made us feel that the cloudy day was sun-filled. The buffet began immediately. While I could offer comments on every dish, I have to say that I could have eaten the Bananas Foster French Toast, the Sirloin Roast and the sautéed potatoes all day. The flavor and texture of the French toast was surprising and a tang from the banana filling



Local
Dining

kept it from being a cloying sponge for yet more sweet syrup. The contrast was stellar, and the toast held up to the hot maple syrup.

Moving on to the savory dishes, a simple side such as hash brown potatoes was transformed by the chef into an accompaniment which could hold its own as a dish in itself. It was the perfect flavor to marry with the mustard glazed beef, cooked to medium.

Other items were delicious, but not as memorable individually. The entire experience was not one to forget, however. Even if I preferred my scrambled eggs a bit wetter, my cousin, when she served herself, exclaimed, "Oh, the eggs are perfectly cooked!"

The cruise delivered on its intended effect. The atmosphere was joyous but subdued, and kept alive by a band playing music that we sang along to most of the time. It was an experience well worth the money and worthy of saving up to repeat. Janet returned to Vermont uplifted and by memories of the Waterfront and the Potomac which she will not soon forget.

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Spiritual Life

Mary Dail to Discuss General Convention at Episcopal Church

By Elaine Graves

Mary Dail, a local Episcopalian activist, is the featured speaker at Grounds for Discussion, St. Augustine's Episcopal Church, 600 M St. SW on Sunday, October 25 at 10:45 a.m.

As a recent alternate deputy to the 76th General Convention of the Episcopal Church held this past July in Anaheim, Calif., Dail will show a PowerPoint presentation highlighting a broad spectrum of convention events. She will discuss key convention resolutions including the Thurgood Marshall Resolution and its current update on 'for trial status' in Holy Women, Holy Men: Celebrating the Saints.

Dail is the Parish Administrator for The Church of the Epiphany, an Episcopal church located in downtown D.C. For 20 years, she's been an active member of Trinity Episcopal Church in Upper Marlboro, Md. She is dedicated to extensive service within her church from serving on the Vestry to being a Lay Eucharistic Minister. She was appointed as chair of Trinity's 200th Anniversary Committee, and has served as a diocesan convention delegate since 1996, a member of Diocesan Millennium Development Goals Committee, deputy to Provincial Synod, and an alternate deputy to the 2006 and 2009 General Conventions.

'Holy Play' Time for Little Ones Opens Oct. 11 at St. Augustine's

By Elaine Graves

On Sunday, October 11, St. Augustine's Episcopal Church, 600 M St. SW, opens its child care room with a children's altar and "holy play" space for children, ages 2-5, according to the Rev. Martha Clark, Priest-in-Charge.

It will be staffed with teachers and parents who will rotate so that everyone will have an opportunity to attend church. Children may enter the room five minutes before the 9:30 a.m. service and will return to parents during Communion. The room also features a new drawing/coloring table, tunnels, books and a colorful rug.

The members of St. Augustine's Children's

Education Committee are Rev. Clark, Christine Cave, Monica Evans, Rosemary Giangliulo, Ethel Gore and Carolyn MacFarlane.

"We need additional books and a book shelf for little ones. If anyone would like to donate these items, please drop them off at St. Augustine's, from Tuesday through Sunday between 10 a.m. and 5 p.m.," said Monica Evans.

Bethel's Angel Food Ministry Offers High Quality, Low Cost Food Source

By Sophia Carter

Hunger is a very real problem in this nation as each year over five million Americans face life without adequate food. With today's economic challenges, many families have fallen on hard times and just need a little help to make ends meet. That's where Angel Food Ministries can make the difference. Angel Food is a nationwide non-profit, non-denominational program offering low-cost food relief to anyone in need.

Rev. Fitzgerald Carter, Senior Pastor, and the members of Bethel Pentecostal Tabernacle, Assemblies of God is honored and excited to be the first Angel Food distribution host site in D.C. Bethel's Angel Food Ministry started in August 2008 and is an outreach ministry headed and operated by volunteers. Sophia Carter is the site director.

Angel Food Ministries produces a monthly menu to inform customers of what food items will be available a full month in advance. It consists of both fresh and frozen items. A signature/regular box of food can help feed a family of four for about one week, or a single senior citizen for almost a month. The signature/regular box can be purchased monthly for \$30.00. There is no limit on the number of boxes an individual or family may purchase.

Because Angel Food only buys from the best producers and vendors, the products are high quality name brand foods, and "seconds" or "day-old type" products are never distributed. Some of the nationally recognized food suppliers include Tyson, General Mills, Birds Eye and Perdue Farms.

The motto at Bethel's Angel Food Ministry is "If you eat, you qualify." There are no qualifications or application forms, so anyone can participate in this great program. Because Angel Food Ministries participates in the U.S. Food Stamp Program, needy families in our community can get the maximum value for their "food stamp dollar" as they are able to purchase twice the amount of quality foods.

Orders and payments are collected at Bethel Tabernacle during the first part of each month.

All orders must be prepaid either by cash, money order, food stamps, debit or credit cards. No personal checks are accepted and money orders must be payable to Angel Food Ministries. Orders can also be placed online at www.angel-foodministries.com, and must be paid by either credit or debit cards only.

During "Distribution Week," food will be distributed on a Saturday morning from 10 a.m. – noon at Bethel Tabernacle, located at 60 I St. SW, Washington, DC 20024. Food orders are only distributed once monthly on the scheduled distribution Saturday. Distribution date is given at the time of ordering.

To find out more about Bethel's Angel Food Ministry, contact Sophia Carter at (202) 484-0730 or (202) 484-3184 or email: bethelcapitolhill@gmail.com.

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+ Spiritual Calendar +

Neighborhood Religious Services

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60 I Street, SW
Sunday: 10:45 a.m.; Friday: Prayer and Bible Study: 8 p.m.

St. Augustine's Episcopal Church

600 M Street, SW
Sunday: 9:30 a.m.
Tuesday 6:30 p.m. Evening Prayer

St. Dominic Catholic Church

603 E Street, SW
Saturday: 5:15 p.m.; Sunday 8 a.m., 10:45 a.m., 12:15 p.m. (Spanish), and 5:15 p.m.
Weekdays: 8 a.m. and 12:10 p.m.

St. Matthew's Baptist Church

New Jersey Avenue, SE
Call 488 7298 for service times.

St. Matthew's Lutheran Church

222 M Street, SW (worshipping at First Trinity Lutheran Church, 501 4th Street, NW)
Sunday: 10:30 a.m.

St. Vincent de Paul Catholic Church

14 M Street, SE
Sunday: 8 a.m.
Mon., Tues., Thur., Fri.: 12:10 p.m.

Second Baptist Church

1200 Canal Street, SW
Sunday: 8 a.m. and 10:45 a.m.
Wednesday: Prayer Meeting 7 p.m.

Riverside Baptist

7th Street and Maine Avenue, SW
Sunday: 10 a.m. with Bible Study at 9 a.m.

Westminster Presbyterian Church

400 I Street, SW
Sunday: 11 a.m.

Galilee A.M.E. Church

Worshipping at St. Augustine's Episcopal Church, 600 M Street, SW
Sunday: 2 p.m. Wednesday: Bible Study 7:30 p.m.

Christ United Methodist Church

900 4th Street, SW
Sunday: 10:00 a.m.

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Arts

By Elaine Graves

“**A**ging is the time when you can become more creative,” says Dr. Beryl Carter Rice, a 30-year resident of Southwest. She will expand upon her creative lifestyle and show her watercolor paintings on Wednesday, November 4, at 7 p.m. at St. Augustine’s Art & Spirit Coffeehouse, 600 M St. SW.

Dr. Rice is a retired social work educator, born in Barbados, but raised since infancy in Brooklyn, N.Y. She is a graduate of Brooklyn College’s Design Department led by artists from the German Bauhaus Movement, a less traditional approach to art, where she focused on pen and ink washes. She earned her Master’s and Doctorate degrees from Columbia University School of Social Work and Catholic University of America. She spent a long career as a licensed clinical social worker and a social work educator, both in Chicago and D.C., becoming the first black professor in the School of Social Work at the University of Michigan in Ann Arbor.

Always eager to develop her craft, she enrolled in several art history courses at the Chicago Institute of Art.

Throughout her career and after she retired, she has always volunteered with community service organizations and in the public schools, especially with Southwest Neighborhood Assembly’s Youth Activities Task Force, and the local, national and World Council of the YWCAs.

Six years ago, when she was widowed, she worked with an art therapist and began taking art classes at the Smithsonian that “inspired and revived my interest in painting with watercolors,” she says. Some of her paintings, displayed in the U.S. Senate Office Building under the auspices of the Occupational Therapy Association, resulted in a presentation of her artwork and experiences to the staff of the IONA House Senior Services where it was taped and became a brief part in the television show “Do Not Go Gently,” narrated by Walter Cronkite.

The Southwest Episcopal Church’s Art & Spirit Coffeehouse series opens on the first Wednesday of each month to showcase local artists in their various media as they perform and share how their faith, art and social worldview intersect, says Rev. Martha Clark, Priest-in-Charge at St. Augustine’s. Donations will be accepted to help provide honorariums for the guest artists. Contact rector@staugustinesdc.org, 202-554-3222 or visit www.staugustinesdc.org for further information.

New Faces At Amidon – Bowen



Brenda Haliburton Fifth-grade. Ms Haliburton, a Southwest resident, recently retired from the Prince Georges County School System. She feels at home at Amidon-Bowen because both of her

children attended Amidon and Jefferson and graduated from D.C. High Schools Benjamin Banneker and Gonzaga.



Jessica Sherry Third-grade. Ms Sherry was the coordinator for volunteers from the Congressional Budget Office and gave many hours of service at Amidon-Bowen. This summer she entered the “Inspired

Teacher Certification Program” under the Center for Inspired Teachers and is now beginning her first year as a third-grade teacher.



Ayannie Peake Art. Ms Peake is a D.C. resident and a product of D.C. Public Schools. She graduated from Duke Ellington School of the Arts and Virginia Commonwealth University in Art

Education.

Andrea Driggs D.C. Start. Ms Driggs headed the D.C. Start Program at Martin Luther King Elementary School. This is the first year



for this program at Amidon-Bowen. She will work with student and parents in all grade levels who are experiencing challenges in social or emotional areas. Parents are urged to contact Ms Driggs or the Principal for information.



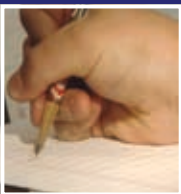
Tomicula Williams Dean of Students. Ms Williams is a graduate of D.C. Public Schools and the University of the District of Columbia. She was a counselor at Nalle Elementary School in Southeast. This is her fifth year in the D.C. Public School System.



Charles Patterson Crossing Guard. Mr. Patterson has retired from National Food Processors where he was the printer in charge of the presses in the Printing Department. He is right at home as a crossing guard - a professional doing a job very well!

Para Professionals serve classroom teachers and students in more ways than can be counted. Audrey Rogalski, Lagayle Gerald, Linda Lee, Anzueta Shantel are new to Amidon-Bowen this year.

Fall Youth Classes Begin



Kids & Schools

By Thelma Jones

The Southwest Neighborhood Youth Activities Task Force (SWNA-YATF) is gearing up for its fall classes at King Greenleaf Recreation Center. Both instructors Gerald Brown and Dasan Bobo will be returning to teach computer and photography, respectively, along with the assistance of computer instructor Craig Ferguson. Photography classes will begin Monday, October 19 at 4:30 p.m. and will last for one and one-half hours. Computer classes will begin Tuesday, October 20, at 6:30 p.m. for one hour. Refreshments will be served at both classes with a greater focus on eating healthy. Students interested in registering should contact Thelma Jones at (202) 488-3746 or email her at tjones15@verizon.net.

Since its inception in October 2007, 30 students have completed the Computer-for-Kids Training Program and have received refurbished computers issued by the SWNA’s Technology Task Force, which also issues donated laptops to students receiving scholarships through the organization. Also, seven students have completed the photography class which started last February. Voted on by their peers, the three top students in the class, including a set of twins who shared a camera, received the digital cameras they used during the training.

YATF continues to supplement the students’ training with field trips. After the April photography class graduation, guest speaker Jim Johnson, owner of Picture Story Studio, welcomed the students to his studio at the historic Law House in Tiber Island on Fourth St. During the tour, Johnson pointed out some of his portraits and photos and answered questions, while the students’ curiosity almost got the best of them around the fascinating equipment. Johnson not only talked about his work as a photographer and the journey that led him to his profession but also demonstrated the importance of computers and how technology is regularly integrated into his work. In addition, he reminded students to choose a job that they really enjoy as opposed to accepting one just for money.

the closing of a neighborhood street, and the ANC knows of no complaints about previous walks by these organizers.

Budget

Finally, the ANC voted to approve a preliminary budget proposed by our treasurer. Next year the city will cut spending across the board. We foresee much belt-tightening. ANC’s will do their part.

Next Meeting

In September, ANC 6D met for the first time in Southeast. For our next meeting, 7 p.m. Monday, October 19, we will return to the friendly confines of St. Augustine’s Episcopal Church, 600 M St. SW.

ANC

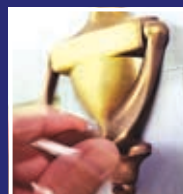
From p. 7

supported the extension.

Public Space: Music and Walks

At its September meeting the ANC voted to support Westminster Presbyterian Church’s application to hold its free Jazz Preservation Festival September 26 in the park at Sixth & I streets. The ANC also voted to support three advocacy walks in our community: a three-day walk for breast-cancer research October 9-11, an American Diabetes Association walk the morning of Saturday October 24, and the Fannie Mae walk for the homeless the morning of Saturday November 21. None of these walks will require

Jasmine Nunez in Concert



Neighbors

By Joyce Bouvier

Jasmine Nunez, mezzo-soprano and Southwest native, recently gave a concert for an enthusiastic audience at Westminster Presbyterian Church. Nunez graduated in June from Duke Ellington School of the Arts and is now a freshman at Oberlin Conservatory. A very talented young lady, she is a credit to her high school and her voice teacher there, Edward Jackson.



With a big, lovely voice that she capably controls in passages requiring a softer tone, Nunez proved herself a sensitive singing actress in many of her songs, especially Schumann’s “Er, der Herrlichste von allen,” (He, the noblest of all) in which her eyes sparkled as she sang the praises of her sweetheart, and in more modern tunes like “Can’t Help Lovin’ Dat Man.” Her program included three spirituals arranged by the incomparable Harry T. Burleigh.

The singer shared the program with her brother, baritone Robert Nunez – who was equally comfortable with classical and popular songs – and her uncle, Benjamin C. Sands, Jr., a saxophonist, who played his solo jazz rendition of “Over the Rainbow.” Heather Adelsberger was the concert’s very fine and supportive piano accompanist.

Nunez is wished the very best as she continues her training. We shall undoubtedly be hearing much from her in the future.



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